

ACADEMY GROOMING & UNIFORM STANDARD

General: The primary consideration is to have a neatly groomed appearance while wearing fire service uniforms. Grooming standards are based on several elements including neatness, cleanliness, safety, image and appearance. The standards established here are not intended to be overly restrictive nor are they designed to isolate fire service personnel from society

Hair Standards: Excessive hairspray, heavy gels, oils or grease will not be allowed in the cadet's hair.

Male Cadets – Keep hair neat, clean and well groomed. There are many styles which are acceptable, as long as the style does not lessen the protection of required safety equipment. Hair coloring must look natural and complement the individual. Faddish styles and outrageous multicolored hair are not authorized. Keep sideburns neatly trimmed and tailored in the same manner as the haircut. Hair length shall not interfere with vision in any way. Male cadets must be clean shaven, with the exception of mustaches. Beards and goatees of any type are specifically prohibited.

Female Cadets – Hairstyles shall not be outrageously multicolored or faddish, to include shaved portions of the scalp or have designs cut or braided into the hair. Hair coloring must look natural and complement the individual. Haircuts and styles shall present a balanced appearance. If hair is long, it shall be pulled back and secured off the face and neck. Single pony-tail or braid, including French braids may be worn. Hair length shall not interfere with vision in any way.

Cosmetics: All cosmetics are prohibited.

Perfumes: Excessive use of perfumes or colognes may offend other cadets or Academy staff and therefore not allowed.

Fingernails: For personal safety, fingernails must be kept neatly trimmed and not extend past the end of the fingers. Acrylic nails are prohibited. If nail polish is worn, it shall be pale in color. No bright colors will be allowed.

Jewelry: Cadets while in attendance to the CFEA Academy shall not wear on their person any ornamentation such as earrings, rings, body piercing. Furthermore, No jewelry or personal ornaments will be affixed to any part of the cadet's uniform or equipment. Religious and Medic Alert medals may be worn, providing they do not show outside the uniform.

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Sunglasses: Are not permitted to be worn while participating in any CFEA activity. The only exception to this rule is eye protection (safety glasses) during extrication exercises.

Uniforms: All CFEA Cadets are expected to wear a proper uniform and project a professional image at all times. Each Cadet is expected to arrive for class on time, in full uniform, and ready for inspection.

Each Fire Department or organization has their own uniform specifications and may exceed what is expected of the CFEA. The following is the MINIMUM expectation for uniforms while participating in the CFEA Academy.

- Uniforms will be clean and neat in appearance.
- The uniform shall consist of a collared shirt and trousers.
- The shirt and trousers shall be of the correct size for the student and the shirt will be tucked into the pants at all times.
- The uniform will be worn for all classroom lectures and other times as directed by CFEA Academy Staff. (A subtle hint – might want to wear the uniform when checking into the Academy – First Impressions go a long way).
- With the exception of the top collar button, all buttons on the shirt will be fastened.
- In addition, the Cadet's shoes, belt buckle and name tag will be kept cleaned at all times.
- Jeans are not acceptable Uniform pants. Jeans may be worn for certain training activities as directed by Academy Staff.
- The Academy ball cap will be clean and worn during ALL outdoor activities when helmets are not required. The cap is to be removed upon entering any building.

Boots/Footwear: It is recommended that you wear your Department approved Drill/Work Boots. Ideally, these boots should be black leather, heavy-duty, lace-up, at least eight inches (8") in height, with a deep lug Vibram type soles/heels. Steel toes are not required, but highly desired. In most cases, these particular boots are made of leather suitable for polish. With that said, it is the expectation of the CFEA that all drill/work boots are to be well maintained, clean and shined or well oiled and buffed.

Gym shoes appropriate for running shall be worn during physical fitness.